

# Proactive Health

The Orange County Holistic Health Center

## Weight Loss

### LOSE WEIGHT – GAIN HEALTH PROGRAM



Specifically designed for those who have tried all the other weight loss programs...and failed. Lose **1 POUND PER DAY** and **Regain Your Health ...Permanently!**

## Cancer Support

### Enhance & Support Your Treatment Plan

- Help Cope with the Pain
- Emotional Support with EFT



## Holistic Approach

### Mind – Body – Spirit



- Allergies
- Anti-Aging
- Anxiety
- Arthritis
- Asthma
- Blood Pressure
- Chronic Fatigue
- Depression
- Detox
- Fear
- Headaches
- Learning Disabilities
- Pain
- Phobias
- Sinusitis
- Sleep Disorders
- Smoking
- Stomach Problems
- Stress
- Trauma

## Modalities

**No Drugs – No Side Effects** Homeopathy – EFT Emotional Freedom Technique – Alkalization – BioPhotonic Antioxidant Scanning – Supplementation

## Education

**Classes – Lectures – Workshops** Visit our website and sign up for the Proactive Health Newsletter. Receive useful health tips, healthy recipes and special offers...for **FREE!**



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*Be Proactive to  
Your Health!*

